

DR. ERIN HEADLEY DAT, LPC, LMHC, LCAT, ATCS

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As an art therapist, educator, researcher, and supervisor, I am passionate about advocacy to increase access to quality care for people with Obsessive-Compulsive Disorder (OCD) and advance the quality of supervision for art therapists and counselors. With over a decade of experience treating OCD, I have particular interest in educating and training current and future professionals on the disorder.

SUPERVISION EXPERIENCE

Consultant in OCD and Related Disorders, Portland, OR and Remote 2020-Present

- Provide expert guidance to individuals and groups to increase knowledge of OCD and related disorders
- Support healthcare providers in providing ethical, competent care within their scope of practice

Clinical Supervisor, Portland, OR 2018-Present

- Provide supervision, mentorship, and training to early career art therapists and counselors, with particular emphasis on mentoring graduates interested in pursuing careers in OCD and related disorders
- Assist recent graduates in obtaining licensure
- Ensure supervisees follow code of ethics and engage in competent, anti-racist practice

Lewis and Clark College, Portland, OR 2018-Present

Clinical Supervisor, Art Therapy Graduate Program

- Provide academic and clinical supervision for students in their practica
- Developed syllabi to meet CAAHEP standards

30-Hour Clinical Supervision Training 2018

- Eligible to provide supervision for LPC interns within Oregon
- Advanced training on cultural humility, ethics, and theories of supervision

TEACHING EXPERIENCE

Lewis and Clark College, Portland, OR 2018-Present
Adjunct Professor, Art Therapy Graduate Program

- Courses taught include: Art Therapy Practicum Supervision, Introduction to OCD, and Academic Writing
- Developed syllabi to meet CAAHEP standards

Marylhurst University, Portland, OR 2016 to 2018
Adjunct Professor, Art Therapy Graduate Program

- Taught Clinical Practice: Counseling Skills in Art Therapy
- Developed syllabus content with an emphasis on experiential learning
- Revised the syllabus to meet CAAHEP standards

Saint Mary-of-the-Woods College, Saint Mary of the Woods, IN 2013 to 2018
Adjunct Professor, Art Therapy and Counseling Graduate Program

- Courses taught include: Clinical Art Therapy II: Practicum Supervision, Clinical Art Therapy III: Contextual Dimensions, Art Therapy through the Lifespan, Career Counseling, & Critical Thinking
- Revised syllabi to meet CAAHEP accreditation standards
- Lead Instructor for Art Therapy through the Lifespan

Mount Mary University, Milwaukee, WI 2013
Adjunct Professor, Art Therapy Graduate Program

- Taught supervision courses, observed students at practicum sites, provided feedback at student reviews

CLINICAL EXPERIENCE

Portland OCD and Anxiety Center, Portland, OR 2013-Present
Licensed Professional Counselor and Board Certified Art Therapist

- Private practice specializing in the treatment of adolescents and adults with OCD, Body-Focused Repetitive Behaviors, phobias, social anxiety, and panic disorder
- Provide individual and group therapy
- Perform clinical documentation, initial assessments, diagnosis and coordination with other clinicians

Rogers Memorial Hospital, Residential OCD Centers, Oconomowoc, WI 2009-2013
Art Therapist

- Specializing in treatment of adolescents and adults with severe OCD, anxiety, and co-occurring eating disorders-one of two such residential facilities in the nation
- Facilitated group and individual therapy sessions in a long term residential facility
- Performed daily documentation including note taking and assessments
- Attended staff meetings, departmental meetings, and assisted in treatment planning

Kyle's Korner Grief Support Center, Wauwatosa, WI 2008
Art Therapy Intern

- Specializing in treatment and support for adults, children, and families experiencing grief and loss
- Facilitated groups for survivors of suicide

Goodwill Industries, Wauwatosa, WI 2008
Art Therapy Intern

- Provided group and individual therapy and life enrichment for adults with cognitive, developmental, and physical disabilities
- Co-created a community garden with participants
- Assisted with fundraising and advocacy of services

Clement Zablocki VA Hospital, Milwaukee, WI 2008
Art Therapy Intern

- Developed group and individual programming for veterans of all wars
- Developed an art therapy group for veterans experiencing anxiety and depression
- Attended staff meetings, departmental meetings, and assisted in treatment planning

EDUCATION

DAT Mount Mary University, Doctorate of Art Therapy May 2020

Dissertation: Obsessive-Compulsive Disorder and Mental Health Literacy: Assessing Clinicians' Knowledge Through Exposure to OCD Lived Experiences

Committee: Dr. Emily Nolan, Dr. Lynn Kapitan,
Dr. Fred Penzel, Dr. Mary Andrus

MS Mount Mary University, Art Therapy and Counseling May 2009

Thesis: Stories from the Darkroom: Visual Narratives of Grief, Trauma, and Identity

Advisor: Dr. Lynn Kapitan

BFA Drake University, Painting and Fine Arts May 2007

Study Abroad

Lorenzo de' Medici and Studio Art Centers International, Florence, Italy 2005-2006

PRESENTATIONS AND INVITED LECTURES

Presenter, July 2020, International OCD Foundation Research Symposium, "The Lived Experience of OCD: What do Clinicians and Students Know?"

Presenter and Panelist, November 2019, American Art Therapy Association's Annual Conference, Kansas City, MO, "Practitioner-Led Research in Community: Connectors, Collaborators, Transformers of the Art Therapy Profession"

Presenter, May 2019, TLC Annual Conference on Hair Pulling, Skin Picking, and Related Body-Focused Repetitive Behaviors, Washington, D.C., "Beyond Meditation: Mindfulness Tools for BFRBs"

Invited Lecturer, recurrent, Psychopathology course on OCD for art therapy and counseling graduate students, Rochester, NY, Nazareth College

Invited Lecturer, March 2019, Weekend elective class on OCD for art therapy and counseling graduate students, Milwaukee, WI, Mount Mary University

Presenter, April 2018, TLC Annual Conference on Hair Pulling, Skin Picking, and Related Body-Focused Repetitive Behaviors, San Francisco, CA, "You Are Not Your BFRB: An Experiential Support Group"

Presenter and Facilitator, July 2013, International OCD Foundation Conference, Atlanta, GA, Teen's Art Therapy Room

Presenter and Facilitator, July 2012, International OCD Foundation Conference, Chicago, IL, Teen's Art Therapy Room

Presenter and Facilitator, July 2011, International OCD Foundation Conference, San Diego, CA, Children's Art Therapy Room

Presenter and Panelist, April 2011, Mount Mary University Art Therapy Symposium, Milwaukee, WI, "Bob and Weave: How to Fight like an Art Therapist."

PUBLICATIONS

Headley, E. (2019). A Review of "Cognitive-Behavioral Art Therapy: From Behaviorism to Third Wave". Art Therapy: Journal of the American Art Therapy Association.

PROFESSIONAL TRAINING AND CERTIFICATIONS

Licensed Professional Counselor, State of Wisconsin and State of Oregon, 2012

Licensed Mental Health Counselor, State of Washington, 2021

Licensed Credentialed Art Therapist, State of Oregon, 2020

Credentialed Art Therapy Supervisor, Art Therapy Credentials Board, 2019

Board Certification in Art Therapy, Art Therapy Credentials Board, 2016

30-Hour Clinical Supervision Training, 2018

PROFESSIONAL AFFILIATIONS

International OCD Foundation, 2012-Present

TLC Foundation for Body Focused Repetitive Behaviors, 2013-Present

American Art Therapy Association, 2007-Present

PROFESSIONAL SERVICE

Board Member, Donna Lexa Art Centers, Waukesha, WI 2011-2013

- Involved in fundraising and program development for non-profit art centers which provided art programming for adults with disabilities
- Completed strategic planning process

- Assisted with interviewing and hiring