

# DR. ERIN HEADLEY DAT, LPC, LCAT, ATCS

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As an art therapist, educator, researcher, and supervisor, I am passionate about advocacy to increase access to quality care for people with Obsessive-Compulsive Disorder (OCD) and advance the quality of supervision for art therapists and counselors. With over a decade of experience treating OCD, I have particular interest in educating and training current and future professionals on the disorder.

## SUPERVISION EXPERIENCE

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**Clinical Supervisor**, Portland, OR 2018-Present

- Provide supervision, mentorship, and training to early career art therapists and counselors, with particular emphasis on mentoring graduates interested in pursuing careers in OCD and related disorders
- Assist recent graduates in obtaining licensure
- Ensure supervisees follow code of ethics and engage in competent, anti-racist practice

**Lewis and Clark College**, Portland, OR 2018-Present  
**Clinical Supervisor**, Art Therapy Graduate Program

- Provide academic and clinical supervision for students in their practica
- Developed syllabi to meet CAAHEP standards

**30-Hour Clinical Supervision Training** 2018

- Eligible to provide supervision for LPC interns within Oregon
- Advanced training on cultural humility, ethics, and theories of supervision

## TEACHING EXPERIENCE

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**Lewis and Clark College**, Portland, OR 2018-Present  
**Adjunct Professor**, Art Therapy Graduate Program

- Taught Art Therapy Practicum Supervision and Academic Writing
- Developed syllabi to meet CAAHEP standards

**Marylhurst University, Portland, OR** 2016 to 2018  
**Adjunct Professor, Art Therapy Graduate Program**

- Taught Clinical Practice: Counseling Skills in Art Therapy
- Developed syllabus content with an emphasis on experiential learning
- Revised the syllabus to meet CAAHEP standards

**Saint Mary-of-the-Woods College, Saint Mary of the Woods, IN** 2013 to 2018  
**Adjunct Professor, Art Therapy and Counseling Graduate Program**

- Courses taught include: Clinical Art Therapy II: Practicum Supervision, Clinical Art Therapy III: Contextual Dimensions, Art Therapy through the Lifespan, Career Counseling, & Critical Thinking
- Revised syllabi to meet CAAHEP accreditation standards
- Lead Instructor for Art Therapy through the Lifespan

**Mount Mary University, Milwaukee, WI** 2013  
**Adjunct Professor, Art Therapy Graduate Program**

- Taught supervision courses, observed students at practicum sites, provided feedback at student reviews

#### **CLINICAL EXPERIENCE**

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**Portland OCD and Anxiety Center, Portland, OR** 2013-Present  
**Licensed Professional Counselor and Board Certified Art Therapist**

- Private practice specializing in the treatment of adolescents and adults with OCD, Body-Focused Repetitive Behaviors, phobias, social anxiety, and panic disorder
- Provide individual and group therapy
- Perform clinical documentation, initial assessments, diagnosis and coordination with other clinicians

**Rogers Memorial Hospital, Residential OCD Centers, Oconomowoc, WI** 2009-2013  
**Art Therapist**

- Specializing in treatment of adolescents and adults with severe OCD, anxiety, and co-occurring eating disorders-one of two such residential facilities in the nation
- Facilitated group and individual therapy sessions in a long term residential facility
- Performed daily documentation including note taking and assessments
- Attended staff meetings, departmental meetings, and assisted in treatment planning

**Kyle's Korner Grief Support Center, Wauwatosa, WI** 2008  
**Art Therapy Intern**

- Specializing in treatment and support for adults, children, and families experiencing grief and loss
- Facilitated groups for survivors of suicide

**Goodwill Industries, Wauwatosa, WI** 2008  
**Art Therapy Intern**

- Provided group and individual therapy and life enrichment for adults with cognitive, developmental, and physical disabilities
- Co-created a community garden with participants
- Assisted with fundraising and advocacy of services

**Clement Zablocki VA Hospital, Milwaukee, WI** 2008  
**Art Therapy Intern**

- Developed group and individual programming for veterans of all wars
- Developed an art therapy group for veterans experiencing anxiety and depression
- Attended staff meetings, departmental meetings, and assisted in treatment planning

## **EDUCATION**

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**DAT** Mount Mary University, Doctorate of Art Therapy May 2020  
Dissertation: Obsessive-Compulsive Disorder and Mental Health  
Literacy: Assessing Clinicians' Knowledge Through Exposure to  
OCD Lived Experiences  
Committee: Dr. Emily Nolan, Dr. Lynn Kapitan,  
Dr. Fred Penzel, Dr. Mary Andrus

**MS** Mount Mary University, Art Therapy and Counseling May 2009  
Thesis: Stories from the Darkroom: Visual Narratives of Grief,  
Trauma, and Identity  
Advisor: Dr. Lynn Kapitan

**BFA** Drake University, Painting and Fine Arts May 2007

### **Study Abroad**

Lorenzo de' Medici and Studio Art Centers International, Florence, Italy 2005-2006

## **PRESENTATIONS AND INVITED LECTURES**

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**Presenter**, July 2020, International OCD Foundation Research Symposium, “The Lived Experience of OCD: What do Clinicians and Students Know?”

**Presenter**, May 2019, TLC Annual Conference on Hair Pulling, Skin Picking, and Related Body-Focused Repetitive Behaviors, Washington, D.C., “Beyond Meditation: Mindfulness Tools for BFRBs”

**Invited Lecturer**, March 2019, Weekend elective class on OCD for art therapy and counseling graduate students, Milwaukee, WI, Mount Mary University

**Presenter**, April 2018, TLC Annual Conference on Hair Pulling, Skin Picking, and Related Body-Focused Repetitive Behaviors, San Francisco, CA, “You Are Not Your BFRB: An Experiential Support Group”

**Presenter and Facilitator**, July 2013, International OCD Foundation Conference, Atlanta, GA, Teen’s Art Therapy Room

**Presenter and Facilitator**, July 2012, International OCD Foundation Conference, Chicago, IL, Teen’s Art Therapy Room

**Presenter and Facilitator**, July 2011, International OCD Foundation Conference, San Diego, CA, Children’s Art Therapy Room

**Panelist**, April 2011, Mount Mary University Art Therapy Symposium, Milwaukee, WI, “Bob and Weave: How to Fight like an Art Therapist.”

## **PUBLICATIONS**

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Headley, E. (2019). A Review of “Cognitive-Behavioral Art Therapy: From Behaviorism to Third Wave”. *Art Therapy: Journal of the American Art Therapy Association*.

## **PROFESSIONAL TRAINING AND CERTIFICATIONS**

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Licensed Professional Counselor, State of Wisconsin and State of Oregon, 2012

Licensed Credentialed Art Therapist, State of Oregon, 2020

Credentialed Art Therapy Supervisor, Art Therapy Credentials Board, 2019

Board Certification in Art Therapy, Art Therapy Credentials Board, 2016

30-Hour Clinical Supervision Training, 2018

### **PROFESSIONAL AFFILIATIONS**

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International OCD Foundation, 2012-Present

TLC Foundation for Body Focused Repetitive Behaviors, 2013-Present

American Art Therapy Association, 2007-Present

### **PROFESSIONAL SERVICE**

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**Board Member**, Donna Lexa Art Centers, Waukesha, WI 2011-2013

- Involved in fundraising and program development for non-profit art centers which provided art programming for adults with disabilities
- Completed strategic planning process
- Assisted with interviewing and hiring